

“From Adam to Jesus”

Romans 5:18-19 NKJV

Five Keys:

1. The Problem of Adam.

a. Adam represents the natural man. He’s flawed, fallen, and self-centered. His disobedience brought sin into the world.

Genesis 3:6 NKJV

b. Many men today reflect Adam’s failures: blame-shifting, passivity, and prioritizing desires over obedience.

2. The Example of Jesus.

a. Jesus is the perfect man. The second Adam, who reversed Adam’s failure through obedience, sacrifice, and love.

1 Corinthians 15:45 NKJV

b. The transformation from Adam to Jesus is the journey every man is called to undertake.

3. Recognizing the Adam Within.

a. Characteristics of Adam.

- **Disobedience:** Adam chose his desires over God’s command.

Genesis 3:6 NKJV

- **Blame-Shifting:** Instead of taking responsibility, he blamed Eve.

Genesis 3:12 NKJV

- **Fear and Hiding:** Adam hid from God rather than seeking Him.

Genesis 3:8-10 NKJV

Reflection Question: In what areas of your life are you acting like Adam by avoiding responsibility, ignoring God’s voice, or living in fear?

4. Learning from Jesus, the Second Adam.

a. Key Traits of Jesus.

- **Obedience:** Jesus submitted fully to the will of the Father.

John 6:38 NKJV

- **Responsibility:** Jesus took responsibility for the sins of the world, though He was sinless.

Isaiah 53:4-5 NKJV

- **Courage and Sacrifice:** Jesus faced the cross with boldness, offering His life for others.

Philippians 2:8 NKJV

Biblical Example: Jesus in the Garden of Gethsemane. (Matthew 26:39) While Adam disobeyed in a garden, Jesus obeyed in a garden, even when it cost Him everything.

5. Practical Steps to Transform from Adam to Jesus

- Renew Your Mind.* **Romans 12:2 NKJV**
- Spend time in God's Word to understand His plan for manhood.*
- Replace worldly thinking with Christ-centered thinking.*
- Take Responsibility.*
- Lead your family in prayer, devotion, and service.*
- Own your mistakes and seek forgiveness when necessary.*
- Live Sacrificially.*
- Put the needs of others above your own, just as Christ did.* **Ephesians 5:25 NKJV**
- Serve with humility and lead with love.*
- Learn to rely on the Holy Spirit for transformation.* **Galatians 5:16 NKJV**

Closing Challenge:

1. Call to Action:

a. Identify one area of your life where you need to leave behind Adam-like behavior and embrace the example of Jesus.

b. Pray for strength and accountability to live out this transformation.

2. Stay encouraged.

a. You are not alone in this journey. Jesus empowers you to live like Him through the Holy Spirit.

Philippians 4:13 NKJV