

SURRENDERED

- **QUOTE:** *To surrender to God is to give up all push back against His RULE, His WAY, His PLAN, His PROCESS, and His TIMING.*
- **I Peter 5:6, 7 AMP** - *Therefore HUMBLE YOURSELVES under the mighty hand of God [set aside self-righteous pride], so that He may exalt you [to a place of honor in His service] at the appropriate time, 7 Casting all your cares [all your anxieties, all your worries, and all your concerns, once and for all] on Him, for He cares about you [with deepest affection, and watches over you very carefully].*
- Humbling ourselves and surrendering to God postures us for God's total provision and SHOULD place us in a position to REST!!

WEEK #4 – My Life is in His Hands

- Today is what we traditionally refer to as PALM SUNDAY. It marks the day when Jesus rode triumphantly into Jerusalem on a donkey and His followers made a red carpet with their outer garments and palm branches.
- This week should also be a reminder to us of God's AMAZING LOVE for each of us.
- **Romans 8:32 NLT** – *Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else?*
- **QUOTE:** *If we really believe God's love for us, then it moves us to not only surrender our will, but also our PAIN, OUR PROBLEMS, and OUR PEOPLE.*

Psalms

- **QUOTE:** *Listening to God must be my first priority*

Luke 10:38 – 42 (GNT) *As Jesus and his disciples went on their way, he came to a village where a woman named Martha welcomed him in her home. 39 She had a sister named Mary, who SAT DOWN at the feet of the Lord and listened to his teaching. 40 Martha was upset over **all the work she had to do**, so she came and said, "Lord, don't you care that my sister has left me to do all the work by myself? Tell her to come and help me!" 41 The Lord answered her, "Martha, Martha! You are worried and troubled over SO MANY THINGS, 42 but just one is needed. Mary has chosen the right thing, and it will not be taken away from her."*

- Martha is dealing with stress, worry, micro-management, perfectionism, agitation, & **misplaced priorities**. She's also frustrated with her sister Mary who isn't worked up like her.
- **QUOTE:** *Stress-filled people get agitated when they're around stress-free people, because they don't get worked up enough for them.*
- When pressure comes, we have a choice to either tense up - bracing ourselves for the worse, or take the position of rest, trusting Jesus and surrendering to His WAY, His WILL & His TIMING.
- **John 16:33 (NKJV)** *These things I have spoken to you, that in Me you may have peace. In the world you will have **TRIBULATION**; but be of good cheer, I have overcome the world.*
- *Tribulation (Gr. Thlipsis) – a pressing, pressing together, a crushing pressure. It refers to a heavy-pressure situation.*

The Lord wants us to learn to soar like the eagle, instead of stressing like the hummingbird.

John 14:27 (AMPC) – *Peace I leave with you; My [own] peace I now give and bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.]*

- When I understand that My Life is in His Hands, *I learn to lean into the arms of a loving Father.*
- **QUOTE:** *Surrendering to God means choosing faith over fear and rest over stress*
- **QUOTE:** *Stop trying, start trusting!*